

Tri Jesus Triathlon 2012



General Information

Date: Saturday, June 9, 2012

Event Place: Wavering—Moorman Park
N 36th Street, Quincy, IL 62305
8 Blocks North of 36th and Broadway

Packet Pick-up: Friday, June 8th,
6:00 p.m. to 8:00 p.m. at Quincy YMCA

Event Times for Triathlon:

5:00 a.m.—Registration Opens
6:30 a.m.—Registration Closes
7:15 a.m.—Transition Area Closes
7:20 a.m.—MANDATORY Race Meeting
7:30 a.m.—Triathlon Race Starts

Triathlon Distances (Swim, Bike, Run):
400 meters, 13 miles, Run: 3.1 miles (5k)

Fees for Triathlon:
\$46 per individual (\$55 after June 1st)
\$90 per team (\$100 after June 1st)

Registration

Mail cut-off portion below and page two with payment, or visit www.trijesus.com.

Register online at:

www.trijesus.com

Divisions

Individual Sprint:

17 & under	45 to 49
18 to 24	50 to 54
25 to 29	55 to 59
30 to 34	60 to 64
35 to 39	65 to 69
40 to 44	70 & above
Clydesdale (Men 200+ lbs)	
Athena (Women 150+ lbs)	

Teams (all ages):

Men	Corporate
Women	Family
Coed	Church

Awards

Awards to each of Overall Winner, Top Male, Top Female (three total)
Awards to top placer for individual age groups, top Athena, and top Clydesdale
Awards to best team in 6 team divisions

Lodging

Call Quincy Convention & Visitor's Bureau at 1-800-97-VISIT or visit www.trijesus.com for more information.

A sprint triathlon raising the awareness of Jesus Christ in our community and the world.

Rules

Course Marshals have the final authority to remove participants from the race for rule violations. Signed waivers must accompany entry forms. Athletes will be required to wear race numbers during the bicycling and running portions. All contestants must provide their own bicycles and are responsible for maintenance during and security following the race.

Swim goggles or face masks are allowed. Support crew will be permitted only at designated places along the route. Not participant may be towed, pulled in or helped in any other way during the competition. Bicycling will take place on public roads, running will take place on public access areas. All participants and crews are subject to the regulations that apply to public roads. No Drafting. Helmets are mandatory. Event will take place rain or shine.

Course Description

The triathlon will start and finish in Wavering park. The swim will be conducted in a 50 meter pool with a serpentine course. Starts will be staggered every 10 or 15 seconds. The bike leg will exit the park and do a large loop through the country side. The run portion will be from the transition area through a course laid out around the park and finish at the transition area. See maps online at www.trijesus.com.

Individual or Team Swimmer

Name _____

Address _____

City _____

State _____ Zip _____

Phone (_____) _____

Email _____

Age _____ Shirt size M L XL XXL

Team Biker (if applicable)

Name _____

Address _____

City _____

State _____ Zip _____

Phone (_____) _____

Email _____

Age _____ Shirt size M L XL XXL

Team Runner (if applicable)

Name _____

Address _____

City _____

State _____ Zip _____

Phone (_____) _____

Email _____

Age _____ Shirt size M L XL XXL

WAIVER: In consideration of the acceptance of my entry into the Annual Quincy Family YMCA / Quincy Park District Triathlon, my executors and administrators do release and discharge the Quincy Family YMCA and Quincy Park District and its employees for all claims of damage, demands, actions whatsoever in any manner arising in or growing out of my participation in said event. I attest and verify that I have full knowledge of the risks involved and participant is physically fit and sufficiently trained to participate. Also, I further grant permission to this event for photographs or filming for possible use in brochure, publication, or video without compensation.

Individual or Team Swimmer Signature

Team Biker Signature (if applicable)

Team Runner Signature (if applicable)

Select One Division: ___ Men ___ Women ___ Men Clydesdale ___ Women Athena
___ Men Team ___ Women Team ___ Coed Team ___ Family Team ___ Church ___ Corporate

Return application with checks made payable to: *Tri Jesus/Quincy Family YMCA*
3101 Maine, Quincy, IL 62301